

Piece 6 (Year 1 - Summer 2) – Changing Me

Weekly Celebration	Pieces	PSHE Education (developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL – Social and Emotional Aspects of Learning DfES 2004)	Resources	Vocabulary
Understand that everyone is unique and special	Life cycles in Nature	I am starting to understand the life cycles of animals and humans	I understand that changes happen as we grow and that this is OK	Jigsaw Chime, 'Calm Me' script, Find your pair cards, Jigsaw Song sheet: 'Changing as I grow' BBC Learning Clip: 9463 Frogs, Teacher's photos: series of photos from baby to adult, Life cycle cards , Jigsaw Journals.	Changes Life cycle Baby Adulthood
Can express how they feel when change happen	Changing me	I can tell you some things about me that have changed and some things about me that have stayed the same	I know that changes are OK and that sometimes they will happen whether I want them to or not	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Life cycle cards, Paper for concertina book, Jigsaw Journals.	Change Life cycle Baby Adult
Understand and respect the changes that they see in themselves	My Changing body	I can tell you how my body has changed since I was a baby	I understand that growing up is natural and that everybody grows at different rate	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Baby photo of the teacher, Baby photos brought in by the children, Jigsaw Journals.	Baby Growing up Adult Mature Change
Understand and respect the	Bodies	I know the main part of my body	I respect my body	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack,	Head Shoulder

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changes that they see in other people				Male/female animal Powerpoint, PE hoops or flipchart paper, Body parts cards and Powerpoint, Jigsaw Journals .	Knees Feet Ankle Belly button Stomach Neck Legs Arms
Know who to ask for help if they are worried about change	5.Learning and Growing	I understand that every time I learn something new, I change a bit	I enjoy learning new things	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Jigsaw Song sheet: 'Changing as I grow', Picture cards, Flower shape and petals for flipchart, Flower template, Photos of the children, Jigsaw Journals.	Learn New Grow Change
Are looking forward to change	Coping with changes	I can tell you about changes that have happened in my life	I know some ways to cope with changes	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Book: 'Moving Molly' by Shirley Hughes, Bag of items for Changes games, Jigsaw journals	Change Feelings Anxious Worried Excited Coping