

Piece 6 (Year 3 - Summer 2) – Changing Me

Weekly Celebration	Pieces	PSHE Education (developed from National Framework DFEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL – Social and Emotional Aspects of Learning DFES 2004)	Resources	Vocabulary
Can express how they feel when change happens	Growing from Young to Old	I can tell you about the natural process of growing from young to old and understand that this is not in my control	I can identify people I respect who are older than me.	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jo, PowerPoint – young to old, Book: 'My Grandpa is Amazing' by Nick Butterworth, Photos from home of a grandparent as a child and now, Card leaf templates A4 size - one per child, Jigsaw Journals.	Growing Old Young Change Respect Appearance Physical
Understand that everyone is unique and special	How Babies Grow	I understand that in animals and humans lots of changes happen when growing up, and that usually it is the female who has the baby.	I can express how I feel when I see babies or baby animals.	Jigsaw Chime, 'Calm Me' script, Baby/mother pair cards, PowerPoint slides - Babies, Jigsaw Jino, Visiting mum and baby (if possible) OR new baby pet pictures OR book: 'My New Baby' by Anne Kubler, Jigsaw Journals.	Changes Birth Animals Babies Growing up Mother
Can express how they feel when change happens	Babies	I understand how babies grow and develop in the mother's uterus. I understand what a baby needs to live and grow.	I can express how I might feel if I had a new baby in my family.	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Baby PowerPoint slides, Post-it notes, Flip chart paper, Book: 'My Baby Sister' by Emma Chichester Clark, Jigsaw Jino, Magazines/catalogues showing things for babies, Jigsaw Journals.	Womb Baby Grow Uterus Survive Love Affection Care
Understand and respect that changes that they see in themselves	Outside body changes	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies.	I recognise how I feel about these changes happening to me and know how to cope with these feelings.	Jigsaw Chime, 'Calm Me' script, Outline figure of a body on large flipchart paper, Set of Body Change cards, Powerpoint slides: Body Changes, 'My Life, My Changes' sheet, Jigsaw Journals.	Change Control Adolescence Vagina Testicles Penis Pubic hair Breasts

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					Hips Underarm hair Facial hair Boyfriend Girlfriend
Know who to ask for help if they are worried about change	Family Stereotypes	I can start to recognise stereotypical ideas I might have about parenting and family roles	I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes	Jigsaw Chime, 'Calm Me' script, Charades cards, Jigsaw Jino, Task card resource sheet, Flipchart paper, plain pillow cases, Fabric pens/paints, Jigsaw Journals.	Task Roles Stereotypes Challenge
Are looking forward to change	Looking Ahead	I can identify what I am looking forward to when I am in Year 4	I can start to think about changes I will make when I am in Year 4 and know how to go about this.	Jigsaw Chime, 'Calm me' script, Jigsaw Jino, Two visiting Year 4 pupils, Wooden batons, Different coloured ribbons/crepe paper strips, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Journals.	Change Looking forward Excited Happy Nervous Anxious