

# Refresh

## WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	PIRI PIRI CHICKEN	BEEF LASAGNE	HAM MACARONI	CHICKEN KORMA	CATCH OF THE DAY BBQ WRAPS
VEGETARIAN	SPICEY & BEAN VEGETABLE BURGER	BEAN & VEGETABLE LASAGNA	SAVOURY VEGETABLE WELLINGTON	VEGETABLE A LA KING	TOMATO PASTA BAKE
SIDE DISHES	SEASONED WEDGES PEAS, SWEETCORN HOUSE SALAD	GARLIC BREAD NEW POTATOES COUNTRY VEGETABLES HOUSE SALAD	ROAST POTATOES CARROTS, GREEN BEANS HOUSE SALAD	RICE, NAAN BREAD ROASTED VEGETABLES HOUSE SALAD	CHIPS PEAS HOUSE SALAD
DESSERTS	TOFFEE SPONGE & CUSTARD	CHOCOLATE SHORTBREAD & CHOCOLATE CUSTARD	BANOFFEE PIE	LEMON DRIZZLE SPONGE & CUSTARD	BAKEWELL TART & CUSTARD
PANNINI OF THE WEEK	CHEESE & PIZZA SAUCE  PEPPERONI & CHEESE  BACON & CHEESE	CHEESE & PIZZA SAUCE  PEPPERONI & CHEESE  BACON & CHEESE	CHEESE & PIZZA SAUCE  PEPPERONI & CHEESE  BACON & CHEESE	CHEESE & PIZZA AUCE  PEPPERONI & CHEESE BACON & CHEESE	CHEESE & PIZZA AUCE  PEPPERONI & CHEESE BACON & CHEESE