

# Refresh

## WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	TERIYAKI PORK MEDALLION	COTTAGE PIE	HUNTER'S CHICKEN	BEEF CURRY	CATCH OF THE DAY CHICKEN PIE
VEGETARIAN	CHEESE & SPRING ONION POTATO CAKE	SHEPHERDESS PIE	STUFFED PEPPERS	SWEET & SOUR VEGETABLES	VEGETABLE PIE
SIDE DISHES	SEASONED WEDGES PEAS, SWEETCORN HOUSE SALAD	BROCCOLI & CARROTS HOUSE SALAD	SAUTE POTATOES MEDLEY OF VEGETABLES HOUSE SALAD	STIR FRY NOODLES RICE HOUSE SALAD	CHIPS PEAS HOUSE SALAD
DESSERTS	CHOCOLATE SPONGE & CHOCOLATE CUSTARD	APRICOT CRUMBLE & CUSTARD	TOFFEE & APPLE TART & CUSTARD	ICED SPONGE SLICE & CUSTARD	CHERRY SHORTBREAD & CUSTARD
PANNINI OF THE WEEK	CHEESE & PIZZA SAUCE  PEPPERONI  HAM & CHEESE	CHEESE & PIZZA SAUCE  PEPPERONI  HAM & CHEESE	CHEESE & PIZZA SAUCE  PEPPERONI  HAM & CHEESE	CHEESE & PIZZA SAUCE  PEPPERONI  HAM & CHEESE	CHEESE & PIZZA SAUCE  PEPPERONI  HAM & CHEESE