

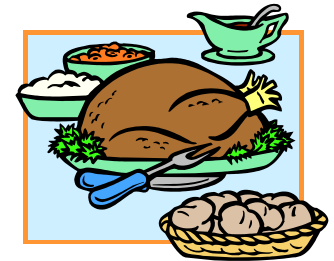


# Spring / Summer Menu 2019



(Starting on 23<sup>RD</sup> APRIL 2019)

Breakfast Club - £3.00
Dinners - £2.30
School Packed Lunch £2.30



- All Sandwiches, Cheese, Yoghurt contain dairy.
- All Sandwiches Bagels and Wraps contain wheat. Mayo contains Egg.

# MENU WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Dinner choices</b>				
<p>Cheese and Chive pasta bake With farmhouse vegetables Contains Dairy and Wheat</p>	<p>Pork Sausage in a Fresh baked roll With corn on the cob Fresh salad Contains Wheat and Sesame</p>	<p>Chicken wrap/ Coleslaw / Vegetable couscous With Fresh Salad Contains Dairy, Wheat and Egg</p>	<p>Homemade Quiche with new potatoes Fresh salad Contains Dairy, Wheat Eggs and Pork</p>	<p>Fish Fingers, Chips and Peas Contains Fish and Wheat</p>
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
<b>Packed Lunch choices</b>				
<p>Bacon and Cheese Turnover Contains Dairy, Wheat and Pork</p>	<p>Cream Cheese Bagel Contains Dairy, Wheat and sesame</p>	<p>Sliced Egg Sandwich Contains Dairy and Egg</p>	<p>Chicken and Sweetcorn Mayo Wrap Contains Dairy</p>	
<p>Cheese or Ham Sandwich Tuna mayo and cucumber wrap Contains Dairy, Pork and Fish</p>	<p>Cheese or Ham Sandwich Tuna mayo and cucumber wrap Contains Dairy, Pork and Fish</p>	<p>Cheese or Ham Sandwich Tuna mayo and cucumber wrap Contains Dairy, Pork and Fish</p>	<p>Cheese or Ham Sandwich Tuna mayo and cucumber wrap Contains Dairy, Pork and Fish</p>	<p>Cheese Sandwich Tuna mayo and cucumber wrap Contains Dairy and Fish</p>
<b>Dessert choices</b>				
<p>Iced Vanilla Sponge/ Fresh Fruit/ Yoghurt Contains Dairy, Wheat and Egg</p>	<p>Tropical Fruit Cocktail/ Fresh Fruit/ Yoghurt Contains Dairy</p>	<p>Oat and Honey Cookies/ Fresh Fruit/ Yoghurt Contains Dairy and Wheat</p>	<p>Chocolate Crispy Cake/ Fresh Fruit/ Yoghurt Contains Dairy</p>	<p>Ice Cream / Fresh Fruit / Yoghurt Contains Dairy</p>

# MENU WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Dinner choices</b>				
Spaghetti and Meatballs With Fresh Salad	BBQ Chicken thighs, Potato wedges and peas	Sweet and Sour Pork with Rice Fresh Salad	Cheese Pizza, Potato cubes with Fresh Salad	Fish Fingers, Chips and Beans
Contains Wheat		Contains Pork	Contains Dairy, Wheat	Contains Fish and Wheat
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
<b>Packed Lunch choices</b>				
Bacon and Cheese Turnover	Cream Cheese Bagel	Sliced Egg Sandwich	Chicken and Sweetcorn Mayo Wrap	
Contains Dairy, Wheat and Pork	Contains Dairy, Wheat and sesame	Contains Dairy and Egg	Contains Dairy	
Cheese or Ham Sandwich	Cheese or Ham Sandwich	Cheese or Ham Sandwich	Cheese or Ham Sandwich	Cheese Sandwich Tuna mayo and cucumber wrap
Tuna mayo and cucumber wrap	Tuna mayo and cucumber wrap	Tuna mayo and cucumber wrap	Tuna mayo and cucumber wrap	
Contains Dairy, Pork and Fish	Contains Dairy, Pork and Fish	Contains Dairy, Pork and Fish	Contains Dairy, Pork and Fish	Contains Dairy, Pork and Fish
<b>Dessert choices</b>				
Strawberry Mousse with Fresh Strawberries, Fresh Fruit/ Yoghurt	Seasonal Fruit Cocktail/ Fresh Fruit / Yoghurt	Chocolate Sponge with Chocolate custard/ Fresh Fruit / Yoghurt	Fruit Jelly / Fresh Fruit / Yoghurt	Ice Cream / Fresh Fruit / Yoghurt
Contains Dairy and Eggs	Contains Dairy	Contains Dairy and Eggs	Contains Dairy	Contains Dairy