

BRONEIRION FIELDWEEK 22nd - 26th October 2018
FIELD WEEK DETAILS AND PERSONAL EQUIPMENT.

Broneirion House: Personal Kit List

All course members will require the following as a minimum:

Clothes

- 5 x T-shirts, 4 x jumpers/hoodies, 1x fleece/warm coat, 4 x Trousers(No Jeans) 6 x Pairs socks, enough underwear for 5 days.
- 1x Pair of shorts.
- Warm hat, gloves, scarf and sun hat.
- Swimwear (to wear under wetsuits which are provided)
- Towels x 2
- Thick socks (or lots of thin ones, **not trainer ankle socks**)
- Sun cream (and Lipsyl)
- **Waterproof Trousers** and **Jacket**. (Please ensure these are waterproof and not softshell, which can also get muddy)

Footwear

- Indoor shoes or slippers
- 1x Trainers for going outside
- 1x old trainers that can get wet (not sandals or crocs)
- Walking Boots (we also have boots if needed)
- 1x pair neoprene socks for gorge walking (optional to keep feet warm)

Overnight

- PJ's or nightclothes
- Soap
- Shampoo
- Toothbrush and paste
- Hairbrush
- Personal toiletries

Miscellaneous

- Torch with spare batteries
- Plastic carrier bags or bin bags for wet kit
- A lunch box + reusable and unbreakable drinks bottle (both named)
- Disposable camera (optional)
- Rucksack for clothing when at activities away from site. (provided if needed)
- (optional) They do have small shop onsite with memorabilia type items. We recommend at the most £10.

Bedding

Bedding at our Broneirion Residential site is fully provided

Other than the items above, all specialist outdoor safety equipment is provided.

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Valuables:

No responsibility can be accepted by the centre for any valuables.

No electrical devices e.g. NO MOBILE PHONES / IPODS/ MP3 / DS / CAMERAS (other than disposable)

Packed Lunch:

Packed lunch including a drink for Monday only.

PLEASE, PLEASE MAKE SURE EVERYTHING IS NAMED!

All items to be packed into a bag / case that the children can carry.

DAILY ROUTINE

7.30 am.	Rising bell
8.00 am.	Breakfast
9.00 am.	Collect equipment
9.20 am.	Depart for the day's activities
12.30pm	Lunch
5.00 pm.	Return to the centre
6 pm.	Evening meal
7.00 pm.	Follow up work for day's activities.
9.00 pm.	Late drink / bed

Transport Arrangements.

Meet at School on Monday 22nd October at 8.50 a.m. for 9.15 a.m. departure.

Return to School on Friday 26th October at 4.00 pm.(approx.) We will inform the office when we leave and during the journey I will update them with an estimated time of arrival so they can text all parent / carers if we are delayed.

Emergency Contact - : School 01299 270313 School mobile 07534 702501
Brenin Adventures (01686) 689251 or (01686) 688204