



Physical Education

Every child participates in two 40 minute lessons of Physical Education every week led by a dedicated Physical Education Coach supported by a Learning Support Assistant following prepared lesson plans with clear lesson objectives. Lessons include a focus on fitness exercises, skill development and teamwork. We are well resourced and constantly upgrade the equipment we use. Lessons take place both indoors and outdoors. When weather permits we make use of local facilities in Holland Park.

Each half term has a specific learning goal:

Autumn: Catching and Throwing Skills leading to Competitive Games in Rugby and Netball
Gymnastics skills leading to Presentations.

Spring: Hitting and Kicking Skills leading to Competitive Games in Football and Hockey
Gymnastics and Dance Skills leading to Presentations.

Summer: Striking and Fielding Skills leading to Competitive Games in Cricket and Rounders
Athletics leading to Keystage Sports Days and Borough Competition.

Swimming is taught by specialist coaches in ability groups to Year 3 in the Summer Term, Year Four in the Spring Term and Year Five in the Autumn Term. Each child will receive 16 hours of swimming coaching in Keystage 2. This is in addition to their PE lessons.

Competitive Games are supported through the use of House competitions.

Each year group participates in Borough organised Competitive Festivals.

Year Four, Five and Six participate in Leagues for Football and Netball against other schools.



Targets identified are

- To increase the number of children involved in competitive sport in Years 4, 5 and 6.
- To increase the fitness and skill levels of all children through active participation.
- To develop teacher curriculum knowledge through observation.

After School Provision includes

- Keystage 1 Sports Club
- Keystage 2 Girls Sports Club
- Keystage 2 Boys Sports Club
- Karate Club
- Ballet Club



Sport Grant

The School receives a PE and Sport Grant amounting to £8,885.

This contributes towards the following expenditure

Swimming £8800 Resources £500 Coaching £10500 Competitions £2000