Dear Parents/ Carers,

**A Journey in Love by Sr. Jude Groden**

As part of the Diocese of Brentwood, we follow “A Journey in Love” by Sr. Jude Groden as the Primary RE/PSHE scheme for Education in Personal Relationships, and we will be teaching this throughout the school in the week beginning 2nd July.

Each year group is taught at an appropriate level for understanding and the whole theme is based on Love of God and our uniqueness. There are five areas, which include physical, social, emotional, intellectual and spiritual development for each year group. Many of the aspects are already within our RE curriculum and the themes include activities, reflections and prayers.

The learning objectives are as follows:

**Reception – God loves each of us in our uniqueness**
Children know and understand that God has made them unique and that although we are all different, we are all special to Him.

**Year 1 – We meet God’s love in our family**
Children know and understand that they are growing and developing as members of their own family and God’s family.

**Year 2 – We meet God’s love in the community**
Children know and understand that they are growing and developing in a God-given community.

**Year 3 – How we live in love**
Children know and understand the virtues essential to friendship, e.g. loyalty, responsibility…and experience the importance both of forgiving and being forgiven, and of celebrating God’s forgiveness.

**Year 4 – God loves us in our differences**
Children know and understand that they are all different and celebrate these differences as they appreciate that God’s love accepts us as we are and as we change.

**Year 5 – God loves me in my changing and development**
Children know and become aware of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom, etc. and grow further in their understanding of God’s presence in their daily lives.

**Year 6 – The wonder of God’s love in creating new life**
Children develop, in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.

The content of what is to be taught is attached. If you have any queries, please speak to the class teacher.

Yours sincerely,

Mrs Peear

Acting Head of School