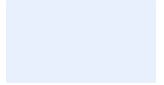




DofE EXPEDITION ROUTE CARD (use one per day)

Centre name/logo:



Team name:

Day number:

Day of week & Date: / /

Aim of expedition:

Setting out time:		Names of team members:									
Leg no	Start of leg: Grid Ref' & place name	End of leg check point: Grid Ref' & place name	Distance in km	Height climbed in m	Time allowed for travel	Time for aim, rests or meals	Total time for leg	Estimated time at end of leg	Brief details of route to be followed.	Escape to:	
1	From: GR	To: GR									
2	From: GR	To: GR									
3	From: GR	To: GR									
4	From: GR	To: GR									
5	From: GR	To: GR									
6	From: GR	To: GR									
7	From: GR	To: GR									
8	From: GR	To: GR									
Bronze: 6 hours, minimum 3 hours journeying. Silver: 7 hours, minimum 3.5 hours journeying. Gold: 8 hours, minimum 4 hours of journeying.			Totals:					Finish time	Team Supervisor's name, location and Tel No:		