



Curriculum Content	Assessment	What homework will they have?	I'm not an expert, so how can I help?
<p>What will my child be studying this term? The curriculum within Physical Education is intended to develop students' knowledge and understanding of the topics surrounding the sporting world, developing success in their exams at the end of the year. During this year they will complete a number of end of unit tests focusing upon topics that have been covered, using this information to identify areas to improve as we move towards the end of year exam.</p> <p><u>AS /A2</u> Throughout this year of study students will be studying three main areas:</p> <ul style="list-style-type: none"> • Anatomy and Physiology • Skill Acquisition / Sports Psychology • Opportunities for participation / Sports Sociology <p>As part of the continued monitoring process students will be regularly tested on the topics that they have covered, using exam questioning to improve their examination techniques.</p> <p>As well as the theory element of the course students will be assessed practically which will count towards 40% of their overall grade.</p>	<p><u>AS / A2</u> Students will complete end of unit tests from past AS / A2 questions under exam conditions approximately every 6 weeks with results reported in Go4Schools.</p> <p>The PPE series will also be used to inform progress and attainment. There is one final exam in the summer.</p>	<p>Homework is set on a weekly basis. Students are expected to record this information in their planners and use supporting information to assist them with the homework.</p> <p>Students should be working towards their homework for approximately an hour.</p>	<p>Students are actively encouraged to read around the subject to develop their understanding and knowledge.</p> <p>Regular use of the internet for news articles relating to healthy and actively lifestyles enables students to draw from a wider range of activities during exam papers and assignments.</p> <p>Watching sporting events, especially with a focus of the analysis of performance gives students a clearer understanding of why analysis is used to improve performance.</p>
<p>Content covered: The topics covered in both AS / A2 are:</p> <ul style="list-style-type: none"> • The Anatomy of the Body • Diet • Fitness • Sports Participation Influences • Effects of Exercise on the Body • Sports Leadership and Officiating • Practical Performance • Evaluation of Performance • Sports Psychology • Historical Factors in Sport 			
<p>Literacy and numeracy:</p>			

For the written AS and A2 paper it is essential that students ensure that their spelling, punctuation and grammar are correct. It is essential that all answers are in sentences rather than a bullet point method.

What can I do to help my child?

Ask students to talk about their PE lessons, ask them to explain the key points. Give them support for homework, including a good place to sit and work, and emphasise the fact that through effort and practice everyone can improve at PE. Make sure that students have all of the equipment required for their work.

Additional resources and details of core texts used:

Learning Resource Centre, Revision Books, PE related information sites.

Teaching group arrangements:

Students are taught in mixed ability groups

Where can I get more advice?

Mr S Calcott (Curriculum Leader) – scalcott@stratfordschool.co.uk. Please include the name of your child's teacher so the message can be forwarded appropriately.