



Curriculum Content	Assessment	What homework will they have?	I'm not an expert, so how can I help?
<p>What will my child be studying this term? The curriculum within Physical Education is intended to develop students' knowledge and understanding of the topics surrounding the sporting world, developing success in the July series of PPEs. During this year they will complete a number of end of unit tests focusing upon topics that have been covered, using this information to identify areas to improve as we move towards the end of year exam.</p> <p>Students will research different fitness tests.</p> <ul style="list-style-type: none"> • Sports Psychology • The role of the media in sport 	<p>Students will complete end of unit tests from real GCSE questions under exam conditions approximately every 6 weeks with results reported in Bromcom. The PPE series will also be used to inform progress and attainment.</p>	<p>Homework is set on a weekly basis. Students are expected to record this information in their planners and use supporting information to assist them with the homework. Students should be working towards their homework for approximately an hour.</p>	<p>Students are actively encouraged to read around the subject to develop their understanding and knowledge. Regular use of the internet for news articles relating to healthy and active lifestyles enables students to draw from a wider range of activities during exam papers and assignments. Watching sporting events, especially with a focus of the analysis of performance gives students a clearer understanding of why analysis is used to improve performance.</p>
<p>Content covered: During this term students will be developing their understanding of Sports Psychology and how it is becoming increasingly important in professional sport. Students will develop an understanding of the different effects relating to personality, aggression and stress management within sport.</p>			
<p>Literacy and numeracy: For the written GCSE paper it is essential that students ensure that their spelling, punctuation and grammar are correct. It is essential that all answers are in sentences rather than a bullet point method.</p>			
<p>What can I do to help my child? Ask students to talk about their PE lessons, ask them to explain the key points. Give them support for homework, including a good place to sit and work, and emphasise the fact that through effort and practice everyone can improve at PE. Make sure that students have all of the equipment required for their work.</p>			
<p>Additional resources and details of core texts used: Learning Resource Centre, Revision Books, PE related information sites (GCSE Bitesize, Brian Mac, Teach PE)</p>			
<p>Teaching group arrangements: Theory lessons are delivered in groups based target grades. Practical lessons are taught in same gender, ability groups.</p>			
<p>Where can I get more advice? Mr S Calcott (Curriculum Leader) – scalcott@stratfordschool.co.uk. Please include the name of your child's teacher so the message can be forwarded appropriately.</p>			

