



Curriculum Content	Assessment	What homework will they have?	I'm not an expert, so how can I help?
<p>What will my child be studying this term? Students will be developing their Physical Education based upon four assessment strands. Developing Skills, Tactical Awareness, Physical and Mental Capacity and Identifying and Improving Performance. Students will also be covering basic information about the human anatomy and its effects on sports performance.</p> <p>Content covered: As a department we rotate our Key Stage 3 activities every six weeks, giving the students 12 hours of learning opportunity for each sport. As a result students could access a number of different activities this term. They are:</p> <ul style="list-style-type: none"> • Badminton • Football • Rugby • Gymnastics • Hockey • O.A.A • Athletics • Cricket • Softball • Netball • Tennis • Rounders 	<p>Students will be consistently assessed throughout their activity blocks, culminating in a final practical assessment grade for each activity. Students will also have a theory paper to answer; this will be multiple choice questions. This information will be shared with students in their assessment booklet.</p>	<p>Generally homework for Physical Education is not set on a regular basis. However on occasions the department delivery staff may feel it is appropriate to develop student understanding. This will link to the body system that they are focusing on. This homework will be set for students and they will be given time to record it in their planner.</p>	<p>Students are actively encouraged to attend any of our extra-curricular activities. These clubs can be an actively that they have enjoyed during their lessons or an activity that they have not completed yet but have not had the opportunity in curriculum time.</p> <p>We also support any student who seeks sporting activity outside of school and would like to be informed about any of their achievements.</p>
<p>Literacy and numeracy: Key words are consistently shared with the students throughout their activities, focusing upon sports related terminology. It is essential that students ensure that their spelling, punctuation and grammar are correct. IT is essential that all answers are in sentences rather than a bullet point method.</p>			
<p>What can I do to help my child? Ask students to talk about their PE lessons, ask them to explain the key points. Ensure that they have the correct practical kit, dependent upon the activity. Give time to research how the body is positively affected by participation in sport. Support your child if they represent the school in an afterschool fixture.</p>			
<p>Additional resources and details of core texts used: Experience as many different sports as possible. Watch sports live, through the media. Engage in big sporting events e.g. The Winter Olympics</p>			
<p>Where can I get more advice? Mr G Wnuk (Acting PE Curriculum Leader) – gwnuk@stratfordschool.co.uk. Please include the name of your child's teacher so the message can be forwarded appropriately.</p>			