



## Breakfast Club

The Inclusion Team run Breakfast Club every day in the Dining Hall from 8.00-8.30am. This provision is targeted at students in Years 7-10 who may not usually eat Breakfast at home. Year 7 Students are also targeted if they have found the transition to secondary school difficult.

The aim of the Breakfast Club is to provide students with a supportive, friendly environment in which they can socialise with their peers and receive support with their homework and social needs. There is **no charge** for the breakfast club.

Whilst Breakfast Club is an informal drop-in, it is run by Inclusion staff and so students can also be referred for this support. The Inclusion Team and YLC's (Year Learning Co-ordinators) refer students.



## Break and Lunch Club

Break Club runs every day from 10.50-11.10am and Lunch Club from 1.00-1.35pm, the club is targeted at Year 7s to support them in having a rewarding recreation and in developing friendships. A member of the Inclusion Team is on duty throughout, ensuring that games are set out and that all student interactions are respectful.

As the academic year progresses, our aim is to support vulnerable students by providing a positive and rewarding break and lunch-time to support their social and emotional needs, improving self-esteem and aiding the transition to Sydenham School

In addition, students are welcome to present themselves to the Inclusion Centre at break or lunchtime if they are encountering any social, emotional or behavioural difficulties and would like immediate support. If necessary a session can be booked to discuss the problems that the student is encountering and referrals can also be made to internal or external interventions following this.