

Duke Of Edinburgh

Bronze Award 2018

Information Pack



General Overview of the Award

The Duke of Edinburgh's Award is a voluntary, non-competitive programme of activities for anyone aged 14-25. It offers an individual challenge and encourages young people to undertake exciting, constructive, challenging and enjoyable activities in their free time.

The Award is a four section programme with three progressive levels: Bronze, Silver and Gold. Teddington School provides pupils with the opportunity to complete the Bronze Award. The Sections are: Volunteering (helping the community); Skills (a hobby, skill or interest); Physical Recreation (sports, dance, fitness); Expeditions (on foot). The sections are explained in more detail below:



This Section is based on the belief that members of a community have a responsibility to each other. Students give up a minimum of one hour a week to help others (without being paid!). This can be at school (e.g. after school clubs) or in the community (e.g. helping at an old persons home).

Young people should identify the voluntary service required to gain some knowledge of the needs of those whom they are assisting and then receive briefing and training in the skills required to give that service. The value of participation in the Service Section comes from training, giving practical service and appreciating the needs of the community.



This Section should encourage young people to pursue activities within a wide range of practical, cultural and social environments. The Skills Section offers young people a wide choice depending upon their personal preferences, abilities and the opportunities available. The skill may be an existing interest or something entirely new. Examples include learning a new language, learning to play a musical instrument or being involved with a drama or music production. ***The skill chosen must not be a sport or physical activity.***



This Section offers a wide range of programmes in the belief that:

- involvement in some form of enjoyable physical activity is essential for physical well-being
- a lasting sense of achievement and satisfaction is derived from meeting a physical challenge
- sports are enjoyable in themselves and can lead to the establishment of a lasting active lifestyle
- young people should have the opportunity to make a choice, then discuss and agree a personal programme of participation and achievement

Any sport or physical activity (for example dance or aerobics) would be considered suitable.



All participants have to undertake an adventurous activity in unknown territory. They have to plan and complete two days of walking with 6 hours journeying each day, camping out overnight. Participants are encouraged to be self-reliant throughout the two days this includes carrying all their own equipment, pitching their own tents and preparing their own meals. Participants will be in groups of 4-7 and although unaccompanied during their final walk, they will be supervised closely at all times. When camping at night staff will be present to supervise the groups. Participants a full training day in school and a practice expedition prior to their assessed expedition

Time scales

Volunteering	Physical	Skills	Expedition
3 months	3 months	3 months	Plan, train for and complete a 2 day, 1 night expedition
<p><i>All participants must undertake a further 3 months in either the Volunteering, Physical or Skills section.</i></p>			

Expedition Training

Students will be required to attend a Saturday training day in school and the practice expedition in order to participate in their final assessed expedition. I will be providing details of the dates of the training day in advance and attendance is compulsory. This day will provide pupils with help and advice for preparing for their expedition and all the necessary training to ensure their safety. Pupils will be taught the following skills during this training and will revisit this on their practice expedition.

- First Aid and emergency procedures
- Navigation and route planning
- Camp craft, equipment and hygiene
- Food and cooking
- Country Code
- Observation and recording
- Team building

Key Information

- Complete Duke of Edinburgh enrolment form as and return to the school office by **Monday 12 March 2018**
- Pay deposit of £40 via parent pay (non refundable) by **Monday 12 March 2018**
- Final balance of £180 to be paid via parent pay by **Saturday 8 September**
- **Saturday 8 September 2018** – Expedition training day **in school**. Compulsory for all participants.

Expeditions will be split into two groups;

Expedition Group 1

Friday 28 September & Saturday 29 September (Practice expedition)

Sunday 14 October & Monday 15 October (Assessed expedition)

Expedition Group 2

Sunday 30 September & Monday 1 October (Practice expedition)

Friday 12 October & Saturday 13 October (Assessed expedition)

Please can I ask that before enrolling you ensure that your child is available for the training day and both the assessed and practice expedition dates as these are not able to be changed. Attendance at these is compulsory in order that students are able to pass the award. If you have a specific request for your child to be in either expedition group 1 or 2 please can you let me know as soon as possible and I will do my best to accommodate this, although cannot make any guarantees.

