



**Teddington  
School**

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10 September 2018

Dear Families

### **Rugby Union at Teddington School**

I would like to update you with regards to extracurricular rugby union this season at Teddington School. Your son has previously played rugby for the school or has expressed an interest in getting involved this year.

Tuesday afternoon is our rugby training day and Years 7 - 10 will train on the same day from 3.30pm – 5.00pm until the daylight goes at half term. Thereafter training will finish at 4.15pm. I have managed to secure some funding for 2 coaches from Lions Sports Academy to run the training on Tuesdays but would welcome parents with rugby coaching experience to contact me directly if they can support the coaches at these sessions. Please note you will not be permitted to coach your own child's age group. The training begins tomorrow, 11 September. On the school sports website <http://www.teddingtonschoolsports.org> you will see that we already have a busy fixtures calendar. For the first time this year we have affiliated with Surrey County, not Middlesex as I hope that the greater opportunity to play will support developing our students and teams in their festivals and knock out competitions. In line with the RFU Age Grade Rugby rulings U14 (Year 9) and below do not participate in knock out competitions instead they play in festivals with several matches on the same day. I have included below the list of competitions that each year group will be competing in:

- Year 7: Richmond Borough League and Surrey State School Festivals
- Year 8: Richmond Borough League and Surrey State School Festivals
- Year 9: Richmond Borough League and Surrey State School Festivals
- Year 10: Richmond Borough League, Surrey State School Knockout Cup and U15 National Schools Vase

I would also like to offer all students the opportunity to purchase their own Teddington School rugby shirt, as per the design attached. Further details of this will be released later this week and support our link club Teddington Antlers.

Finally, as part of our support for the concussion strategies that the RFU are instigating, I ask that all students and parents follow the link below and complete the appropriate course. This is compulsory for Year 7 and Year 10 students but I recommend that students from all years do this:

<https://www.englandrugby.com/my-rugby/players/player-health/concussion-headcase/>

Yours faithfully

Ms A McGrandles  
Curriculum Lead PE

