



**Teddington
School**

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Head of School: Kathy Pacey NPQH

Executive Headteacher: John Wilkinson MA NPQH

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Dear Families

Year 8 Relationship and Sex Education

Year 8 students will have the opportunity to receive Relationship and Sex Education after half term delivered by the LVA Trust. These sessions will cover healthy relationships and sex, teenage pregnancy and contraception, STI prevention & protection.

The LVA Trust has a reputation for delivering high quality, age appropriate, inclusive workshops. Their focus is always on a young person's value and worth, enabling young people to engage in healthy relationships and make positive and healthy choices. Although the subject of RSE can sometimes be overwhelming, please be assured your child is in safe hands. All the educators are university accredited, fully trained to deliver RSE and trained in all areas of safeguarding.

For your child to participate in these sessions you must give parental permission. If you do not want your child to participate in these sessions please inform Mr Garrett by email to pgarrett@teddingtonschool.org stating your child's name, tutor group and PSHCE teacher.

RSE is most successful when backed up at home by parents so please contact Kayleigh Butler, Education Director and Safeguarding Lead at the LVA Trust for more information on the sessions or with any queries you might have. Her direct email is kayleigh@lvatrust.org

Yours faithfully

Mr P Garrett
Curriculum Lead PHSE and Citizenship