INTERNET SAFETY AWARENESS TALK FOR PARENTS APRIL 2017

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INFORMATION FOR THIS PRESENTATION COMES FROM THE FOLLOWING WEBSITES:

- https://www.thinkuknow.co.uk/
- http://virtualglobaltaskforce.com/
- http://www.internetmatters.org/
- https://www.ceop.police.uk/
- http://www.saferinternet.org.uk/

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A MODERN DAY VERSION... (NOT SUITABLE FOR PUPILS) BUT A GOOD REMINDER THAT..

The world changes. Children don't.

Children and young people face difficult decisions online....

Right

I am not sure it's wrong

I don't know

Depends on the situation

It's an individual choice

As long as I don't get caught

What's the big deal?

Wrong

21st century Moral Compass

Uploading photos of you and your friends on to a social network

Taking a photo and sending it to your boyfriend or girlfriend

Sharing your opinions on a social networking site

Posting questions online for others to comment on anonymously

Showing unpleasant comments to others that are being shared on a messaging service

REMEMBER...

- 1. Keeping children safe is about so much more than not disclosing your location to strangers

- 2. We need to know what apps our young people are downloading

- 3. We need to be aware of how completely differently young people approach and use social media compared to us adults.

THE CHILD EXPLOITATION AND ONLINE PROTECTION CENTRE (CEOP)

www.ceop.police.uk/safety-centre/

PARENTS AND CARERS – UK SAFER INTERNET CENTRE

- **Four steps:**

1) Have on-going conversations with your children about staying safe online

2) Use safety tools on social networks and other online services, e.g. Facebook privacy settings

3) Decide if you want to use parental controls on your home internet

4) Understand devices and the parental control tools they offer in our Parents' Guide to Technology

THINK YOU KNOW WHO YOU ARE TALKING TO ONLINE..

- Hard hitting video about a girl's experiences of meeting someone online- Parents
- https://www.thinkuknow.co.uk/14_plus/Films/Clare/

NUDE SELFIES

- Video aimed at 12+ but useful for parents to be aware of current trends- CEOP

- https://www.youtube.com/watch?v=XjV0lKYpakk

Social Media video

Jigsaw- CEOP video for KS2 (8-10 Year olds) Watch yourself and may be used to make your child aware

- https://www.youtube.com/watch?v=_o8auwnJtqE

ONLINE SAFETY TIPS

How to reduce the risk of your child being in an upsetting situation

- Sit down with your child before they start using any website and read the terms and conditions to learn what is, and what isn't, acceptable on the site.
- Check is your child is old enough to have an account.

Other tips for increasing your child's online security:

- Set their privacy settings.
- Explain they should not share personal information.
- Know your child's passwords and discuss that passwords are "secret" words and should not be shared with friends.
- Remind them to always log out.
- Unwanted friend invitation -ignore the request and also block this person from contacting again.

HERE ARE SOME EXAMPLES OF SOCIAL MEDIA GUIDANCE/RULES FOR INSTAGRAM, FACEBOOK, SNAPCHAT AND MINECRAFT.

(TAKEN FROM HTTPS://WWW.THINKUKNOW.CO.UK/PARENTS/)

INSTAGRAM

- **Tips for Parents**

What is Instagram?

- Anyone 13 and older can create an account by registering an email address and selecting a username.

Who can see my teen's photos?

- Anyone signed into the Instagram app can view photos or videos on someone's public profile.

- If you'd like to make sure that only approved followers can see your child's posts, we suggest **setting your posts to private.**

- Does your child have many followers?

- Your child can also remove followers and block other people on Instagram. When they block another person, that person can't view your child's photos/videos or search for their Instagram account. People aren't notified when they're blocked

FACEBOOK -SAFETY CENTRE

What's my teen doing on Facebook?

- To connect with friends. To share celebrations, events, parties, memories etc.

Who can see my teen's posts?

- Anyone who they are friends with. Or Public posts. Encourage them to use the 'Activity Log' tool which shows what their profile looks like to others.
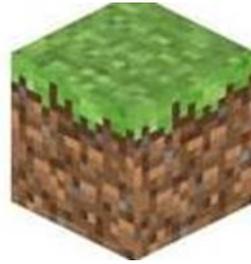
SNAPCHAT

- **Community Guidelines**
- Snapchat is about **sharing moments and having fun.**

Don't send people Snaps they don't want to receive—especially if the Snap is mean.

Be thoughtful about what you Snap and whom you send it to. It's okay with us if someone takes a **screenshot**, but we can't speak for you or your friends. Snapchat attempts to detect screenshots and notify the sender, but it doesn't always work perfectly. And keep in mind that your friend can always capture the image with another camera.

Keep it legal. Don't use Snapchat for any illegal shenanigans.

MINECRAFT

Top tips for staying safe

- **Turn off chat**
- In the multiplayer mode of Minecraft children can chat with people they meet.
- But there's no way of knowing who they are.
- To do this:
  - click 'options'
  - select multiplayer settings
  - click on chat
  - choose shown, hidden or commands only.
- **Find a child-friendly server**
- A server is a single world or place in the game.
- **Watch out for viruses and malware**
- Viruses and malware may be downloaded by buying illegal versions of Minecraft or additional 'mods' (add-ons that change the content or gameplay of Minecraft).
- Always make sure that you only download Minecraft from the official website.
- Children often find Minecraft so much fun that they lose track of time.
- Set time limits for Minecraft use.

CYBER BULLYING

THINKUKNOW.CO.UK

- Advice to share with your child: Cyber bullying is the name that is used when people use the internet to send nasty and upsetting messages to others.

- First rule: if someone is being nasty to you in this way is don't respond and don't reply. You should tell a trusted adult straight away if someone is upsetting you, or if you have been getting upsetting messages.

- The second rule: to save all nasty messages and emails. You don't have to read them, but save them in a folder so you can show an adult if you need to.

- The third rule: to tell a trusted adult. If you tell someone about what's been happening, they will be able to help and maybe stop it.

- If you feel you can't talk to someone just yet, call Childline in confidence on 0800 1111.

CEOP GAMING TIPS

➢ Leave all gaming devices in a family space

➢ Open up communication - talk to your child about the sites they are using and why they like them

➢ Explain that people lie online and they are not always who they say they are

➢ Explain that people can be mean online and don't always have their best interests at heart

➢ Remind them to never give out personal information

➢ Set parental controls

➢ Set time limits on how long they can game for. Allow time for non-technology based activities and allow an hour 'screen free' time before bed
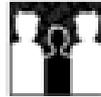
PEGI (THE PAN-EUROPEAN GAME INFORMATION AGE RATING SYSTEM) HTTP://WWW.PEGI.INFO

- PEGI was established in 2003 to help European parents make informed choices

- PEGI gives age recommendations and tips about games

3+ 7+ 12+ 16+ 18+

Violence - Game contains depictions of violence

Discrimination - Game contains depictions of, or material which may encourage, discrimination

Sex - Game depicts nudity and/or sexual behaviour or sexual references

Drugs - Game refers to or depicts the use of drugs

Fear - Game may be frightening or scary for young children

Bad Language - Game contains bad language

MOBILE PHONE TIPS

➤ Is my child **old enough** to have a mobile phone? Set boundaries

➤ Before buying your child a mobile, find out what **functions** it has – Internet, private messaging, built in applications

➤ Set **parental controls** where required

➤ Set **mobile rules** - no mobile phone in the bedroom at night, mobile free time before bed, no use after lights out

QUESTION TIME.. FOR PARENTS..

- Have I asked my child to show me sites they use?

- Have I asked my child to set the security settings on all the technologies they use?

- Have I asked my child to only accept people they know and trust in the real world as online "Friends"?

- Have I set safe settings on our computer/laptop and set adult content filters on my child's smart phone?

- Has my child has agreed to tell me if they are worried about something online?

FINALLY...

- Information from this afternoon will be available soon on our website along with links to where you can find more information about different social media platforms and safety settings.

- Thank you for attending☺
- Spread the word!
- Any questions?