

Thursday 21 November 2013

Dear Parents and Guardians

### Physical education notice

I am writing to inform you that for the rest of term and the beginning of the spring term, part of our PE curriculum will be based outdoors to complete our schemes of learning.

I advise you to prepare your child prior to their PE lessons and self-directed learning activities with warm clothing please. Items which we recommend are:


- PE t-shirt;
- Navy blue or black tracksuit bottoms;
- Appropriate footwear;
- Thick socks;
- Navy blue or black sweatshirt or tracksuit top;
- Wind or rain proof jacket;
- Hat and gloves (essential).

Students who are following the International Middle Years (IMYC) program will be developing their skills outside on the Multi Use Games Area and at Primrose Hill Park. As the weather has turned slightly cold it is vital your child is prepared for the upcoming outdoor sessions.

A further notice in preparation for our hockey and rugby units, all students are required to have a gum shield to participate in these sports due to health and safety regulations. You can purchase your own from the local sports shops or we have a limited range at the school.

If you have any questions, please contact me on 0207 449 3080.

Yours sincerely



Mr G Demetriou  
Curriculum Leader for Physical Education