

Wednesday 17 September 2012

Dear Parent/Guardian

### Athletics day

I would like to inform you that we will be hosting our annual Athletics Day on Tuesday 23 September at Willesden Sports Centre Athletics Track from 9.00am until 2.00pm. The day is planned to continue the London Olympic Legacy and to help inspire the next generation of athletes. To assist us with this aim we have acquired the assistance of some exceptional International athletes to deliver a master class within their sporting expertise. They are:

**Laura Turner**, 100m and 60m (Great Britain and England)

**Julian Golley**, Triple Jumper (Great Britain and England)

**Roger Skedd**, Decathlon (Great Britain and Scotland)

**Montell Douglas**, 100m and 200m (Great Britain and England)

These athletes have taken time out of their training schedules to be involved in our special day and we appreciate their attendance and experience. The order of the day is:

8.15am	Students arrive at the Academy
8.35am	Students are transported to Willesden Sports Centre
9.00am	Introduction to the day
9.20am	Students experience the athletes coaching on a 35 minute carousel process
12.15pm	Start of the athletic competition - students will have chosen their events in their Houses - events are: 100m/200m/800m/Long Jump/High Jump and 4x100m Relay
1.30pm	Medal ceremony
2.00pm	Students to be transported back to the UCL Academy

Students need to arrive on time at 8.15am at the Academy in the correct PE kit. Due to the weather being unpredictable they may bring their bag with extra sporting clothing to keep them warm and dry for the day. Lunch will be provided for all students entitled to free school meals on the day; all other students will need to bring a packed lunch from home. It is recommended that your child brings extra refreshments to last the day.

If you have any questions, please do not hesitate to contact me.

Yours faithfully



Ms K Potter  
Acting Curriculum Leader for Physical Education