

**Wednesday 15<sup>th</sup> April 2015**

Dear Parents, Guardians and Carers,

**RE: Breakfast Club at The UCL Academy**

We are introducing a new Breakfast Club for all students, starting on Tuesday 21 April 2015. This will run from 8.00am – 8.25am every Academy day and supervision will be provided.

This Breakfast Club will aim to have a good balance and variety of food and drinks on its menu over a period of time. It ensures that the needs of students and staff are being met, and encourages the whole school community to eat breakfast and try something new.

Please note that as we are a cashless school, all purchases can be made with students' ID cards.

Benefits of a healthier breakfast club:

- provides an opportunity for students and staff to eat breakfast, in a stimulating environment
- has a positive effect on students' concentration and performance throughout the day
- engages students in making healthier choices about their diet by providing them with encouragement, knowledge and support
- can help improve students attendance and punctuality
- can lead to better social interaction and skills between students
- increases the contact between teachers and students
- can improve students motivation and self-confidence through relationships with adults other than teachers

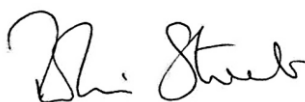


**Breakfast Club Menu**  
AVAILABLE EVERYDAY  
8:00-8:25 AM

Toast & Jam	£0.60
Pain au Chocolat	£1.00
Croissant	£0.80
Yogurt & Fruit Topping	£0.80
Fresh Fruit	£0.40
Orange Juice	£0.50
Milk	£0.90

FREE PORRIDGE

Yours Sincerely,



Mr R Street  
Vice Principal  
The UCL Academy