

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Spring Silver Menu 2018

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Chicken Chow Mein	Lamb Pasta Bolognaise	Roast Chicken with Roast Potatoes and Gravy	Chicken Sausages with Mashed Potato & Gravy	MSC Breaded Fish with Wedges & Tomato Sauce
08-Jan	<b>Vegetarian</b>	Potato & Courgette Layer Bake	Wholemeal Spinach & Tomato Pasta	Mixed Vegetable Loaf With Roast Potatoes and Gravy	Quorn Sausages with Mashed Potato & Gravy	Cheese & Tomato Pizza with Wedges
29-Jan		Sweetcorn Green Beans	Courgettes in a tomato sauce Cauliflower	Carrot & Swede Mash	Sweetcorn Mixed Peppers	Baked Beans Garden Peas
26-Feb	<b>Dessert</b>	Vanilla Sponge with Custard	Apple and Mixed Berry Crumble with Custard	Cheesecake	Pineapple Upside Down Cake with Custard	Pear & Ginger Cake
19-Mar						
<b>Week 2</b>	<b>Main</b>	Chicken Sausages with Wedges & Tomato Sauce	BBQ Chicken with Rice	Roast Chicken with Roast Potatoes & Gravy	Lamb Spaghetti Bolognaise	MSC Battered Fish with Wedges & Tomato Sauce
15-Jan	<b>Vegetarian</b>	Vegetable Wholemeal Pasta Bake	Lentil and Vegetable Curry with Rice	Cheese & Pepper Whirl with Roast Potatoes	Quorn Mince Pasta Bolognaise	Cheese and Tomato Pizza with Wedges
05-Feb		Baked Beans Green Beans	Mixed Vegetables	Broccoli Sliced Carrots	Cauliflower Sweet corn	Baked Beans Garden Peas
05-Mar	<b>Dessert</b>	Pear Crumble with Custard	Banana Sponge with Custard	Eves Pudding with Custard	Apple & Berry Strudel with Custard	Chocolate Brownie with Custard
26-Mar						
<b>Week 3</b>	<b>Main</b>	Chicken Burger in a Bun with Oven Baked New Potatoes & Tomato Sauce	Shepherd's Pie with Mashed Potato	Roast Chicken with Roast Potatoes and Gravy	Lamb Tortilla Stack with Rice	MSC Fish Fingers with Wedges & Tomato Sauce
15-Jan	<b>Vegetarian</b>	Chinese Vegetarian Spring Roll with Oven Baked New Potatoes	Macaroni Cheese	Vegetarian Wellington with Roast Potatoes	Chick Pea Curry with Rice	Cheese & Tomato Pizza with Wedges
05-Feb		Broccoli Sweetcorn	Cauliflower Green Beans	Shredded Cabbage Carrots	Mixed Vegetables	Baked Beans Garden Peas
05-Mar	<b>Dessert</b>	Carrot & Sultana Cake with Custard	Pear Sponge with Custard	Jelly	Wholemeal Peach Crumble with Custard	Lemon Cake with Custard



Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (cheese, baked beans or tuna mayonnaise)  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit available instead of dessert