



THE WALLINGTON WEEK

Message from the Head Teacher

Dear Parents and Carers

It was great to see so many parents at the Year 9 Options Evening last night and also at Mentoring Day on Tuesday. I hope that everyone found both events both very useful and informative.

A recent survey highlighted that around a third of our students have six or less hours sleep a night. Research suggests that adolescents need between 9 and 9 ½ hours of sleep per night. So this week, our assemblies have focused on the topic of sleep and reminding students about the important role that sleep plays in the learning process as well as providing some tips for getting a good night's sleep such as limiting screens in the bedroom and the importance of exercise.

Finally we held our A level Speed Dating event this week. This aims to help our Year 11 students as they finalise their A level options by giving them the opportunity to talk to Sixth Form students taking those particular subjects. Year 11 students will also get the opportunity next week to gather information from Sixth Form students when we hold our 'House Breakfasts'.

Have a great weekend

Richard Booth

A Level Speed Dating

This Wednesday during lunchtime we hosted an A Level Speed Dating event for students in Year 11. Year 11 students got the opportunity to speak to sixth formers about the potential A Level subjects they are considering for September. Sixth form students volunteered to represent 25 different subjects, offering advice and passing down wisdom to their fellow peers. Thank you to all the Year 12 volunteers.

Sonia

100 Club Winners—December and January

Congratulations to Sharong Zhang and Angaiyarkanni Marvthavanan, who were winners of the PFA 100 Club for December and January.

The Week Ahead

Monday 11 February

School Production Dress-Tech Rehearsal

Tuesday 12 February

School Production Dress-Tech Rehearsal & Matinee
Year 7 - Netball a/b/c/d v Sutton High (H)

Tuesday, Wednesday & Thursday

19.00-21.00—School Production Performance—Legally Blonde

Wednesday 13 February

Year 10 Netball A&B @ Sutton High

Friday 15 February—Friday 22 February

Ski visit to Austria—departs 10.15

Tuesday 19—Friday 22 February

STEM Visit to Disneyland Paris

Half Term Break Monday 18—Friday 22 February

Dates for your Diary

Monday 25 February
INSET Day—No students in School



Tuesday 26 February

08.25—Students return following half term

08.25-14.50—Y11 Food Practical NEA2 Exam Group 1

Wednesday 27 February

08.25-14.50—Y11 Food Practical NEA2 Exam Group 2

16.00-19.00—Year 9 Parents' Evening

18.30-19.30—World Challenge Launch evening

Thursday 28 February

18.00-19.00—DOE Parents' Briefing - information for expeditions.

Friday 1—Sunday 3 March

PGL Netball visit to East Sussex - Years 7 & 8

Monday 4 March

19.00—PFA Meeting

Wednesday 6 March

Year 7 - Netball A&B @ Epsom College

16.00-18.00—Careers Evening 3

Thursday 7 March

08.25-14.50—World Book Day

16.00-19.00—Year 8 Parents' Evening

Tuesday 12 March

16.00-17.00—Wellbeing Information evening

Thursday 14 March

08.25-14.50—Enrichment Day (2)

Friday 15 March

19.00—PFA Quiz

Sunday 17 March

DOE Bronze Training Walk & practice route planning

Thursday 28 March

17.30-19.30—Empowerment Awards - Feminism Society

Friday 29 March

Inset Day—Year 9 Daughters to Work Day



Are you in Year 10 or 11? A budding explorer or wannabe Bear Grylls wanting to see some incredible places? Or someone looking for an amazing experience that will develop their confidence, leadership capabilities and outdoor skills?

If so, come to the World Challenge Launch evening on **Thursday 28 February at 6.30pm** in the Hall

(Parents welcome too).

You will be able to hear about the exciting trips we have planned for Summer 2020 to **Uzbekistan** and Summer 2021 to **Thailand, Laos and Cambodia**.

If you have any questions then please see Mrs Watson or Miss Grenville or visit

www.world-challenge.co.uk

Jack Petchey Achievement Awards

As a school we are proud to support the Jack Petchey Foundation by participating in the Jack Petchey achievement awards each year. The Foundation recognises and supports the work of young people across the south east of England. Born and brought up in the East End of London Jack Petchey set up the Jack Petchey Achievement Award scheme in order to celebrate the work of students and others who have made a real difference to their school communities

What is a Jack Petchey award?

Jack Petchey achievement awards are designed to recognise a wide range of achievements. It is not just about being clever, or gifted, but about putting the effort in and doing your best. Winners are nominated by their peers for their efforts in a certain category. They receive a certificate, a pin badge, an opportunity to go to the award ceremony and £250 to spend on something of their choice in school. All students can be nominated – from Year 7 to Year 13.

What are the categories for this month?

For January, February and March we will be awarding three awards which should focus on the WHSG values of:

January **Curiosity** – someone who is eager to learn more and value learning for its own sake

February **Resilience** – someone who does not give up easily and adjusts to change

March **Fellowship** – someone who understands that the interests of others are as important as our own and is committed to being a supportive member of our WHSG community

What have the awards done for our school?

Since January 2018 the school has benefitted from quite an array of benefits –

Library books for Medics

Library decorations – bean bag and shelf clips

Tech - 3D printer

Drama - masks to enhance the year 9 course

Geography – Creation of a comfy reading corner

Physics – rocket launcher

Please encourage your daughter to nominate; nominations forms are in the tutor tray and have been e-mailed to all students

Mrs Barnes



Higher Education Day – 5 February 2019

Every year, our Year 12 students spend time considering their options after Year 13.

This week, fourteen universities came into school to run workshops for small groups of students on Choosing your course/university, UCAS applications, Student Finance and Prep for a Personal Statement. This year we were fortunate to have 3 ex-students who are undertaking prestigious apprenticeships with the BBC, Accenture and Telefonica/O2 to talk about alternatives to Higher Education with Yvonne Fearnside, our external Careers Adviser.

Students started the day in their form groups thinking about what they wanted from the day and were then split into small groups for the first of 6 sessions. Questions included what part time employment opportunities there might be at university to how much an apprenticeship might pay and what it could lead to as well as what kind of disabled student accommodation was available. University Admissions Tutors were delighted with the depth and breadth of questions asked and commented on how well prepared our students were.

The day ended in reflective mood as students took time to think about what they had learnt and what their next steps might be. Initial feedback was very positive with one student commenting on the fact that the next 18 months will pass quickly and 'I will need to start making some big decisions about what I want to do in the future'.

In the evening, parents and carers were invited to attend to listen to Leicester University talk about universities and the differences between them. Mrs Watson outlined what happens behind the scenes at school, what support is available to students and the important dates to observe for university applications.

This was a very thought-provoking day for both students and parents and carers.



Yr 10 Artificial Intelligence Residential Course

8th – 11th April 2019

University of Exeter – £165

The Smallpeice Trust has teamed up with The University of Exeter to offer a limited number of places to eligible students giving them the opportunity to attend the above residential course at a subsidised cost as part of the university's goal to widen participation to higher education. Eligible applicants, in addition to learning about the hot topic of Artificial Intelligence, will also experience life on campus as a student. *To be eligible for these limited subsidised places, an applicant will need to meet the following criteria:-*

Parents/guardians will not have attended university

The subsidised course fee for these limited places is £165 (the full cost is £300) and includes 4 days full board, all course materials and social activities.

Students will take part in projects where they will explore the world of artificial intelligence, a branch of science which deals with helping machines to find solutions to complex problems in a more human-like fashion.

If you know of any eligible Year 10 students who would benefit from attending this course, please encourage them find out more and to book as quickly as possible as the places are on a first come, first served basis.

Year 10 Interhouse Table Tennis

Where: Sports Hall

When: Wednesday 27 February 2019

3-4pm

Who: Team of 4



Women in IT Awards

The Women IT awards was truly a once in a lifetime experience, with such a lovely teacher and group of students. We made our way to London and were all looking forward to the day.

Finally, our group arrived at the grand hotel, it towered over us, clearly enjoying its lavish appearance, we ambled on...

The inside of the hotel was absolutely breath-taking. We eventually made our way through the maze of corridors to the hall, I gaped in awe. The cutlery, the presentation, the free amazon books and pens and our very own name tags. Everyone was so friendly and sweet to us, I felt so special.

We met staff from some major companies and asked them questions about IT. I was so inspired; I had never imagined how much IT was involved behind the scenes, especially for the company 'Just-Eat'. We asked questions such as 'what obstacles did you face, how did you overcome them?' Although women are still in the minority in this industry there is a great improvement in numbers over the years! I learnt that Computer Science really is playing a huge part in society. One of the women explained all the obstacles and rejection she faced, but never gave up and therefore made it to where she is today.

The nominees for the Women in IT awards were a range of nationalities and were all such a pleasure to talk to, we engaged in a very open and friendly discussion of work and school experience. We were served with some sandwiches, scones and dessert which were all delicious.

I thoroughly, enjoyed myself, the experience was unforgettable.

By Amrit (8 Seacole)



Celebrating our Students' Achievements

South of England XC Championships

Jessica (13 AST) and Antara (11 Bronte) competed for Croydon Harriers against hundreds of other runners in the South of England Cross Country Championships 2019, held at Parliament Hill on 26 January.

Both finished with impressive times despite the high levels of difficulty, muddy fields and steep hills. Antara ran the U17 Women's 5km race in 23 minutes 59 seconds and Jessica ran the U20 Women's 6 km race in 28 minutes 45 seconds.

A brilliant achievement!



Gym & Dance 2019

Key Dates:

Gym & Dance Show Nights: Thursday 21st & Friday 22nd March (6.45pm)

Tickets on Sale: TUESDAY 26TH FEB onwards (Lunch times at the PE office)

Auditions— Year 7 Inter House Dance: Thursday 28th Feb (3-4.30pm)

Auditions— Dance: Monday 4th March (3-5pm)

Auditions—Gym: Tuesday 5th March (3-4.30pm)

Dance Technical Rehearsal: Monday 18th March (3-5pm)

Gym Technical Rehearsal: Tuesday 19th March (3-4.30pm)

Full Dress Rehearsal: Wednesday 20th March (Gym P1/2, Dance P3/4, Dance Yr 7 P5)

Inter-house STEM competition

all new



Build a LEGO sweet dispenser on your own or as a team.

Submit photos and a video of your creation to Mrs Caspary by 15th February.

The top 3 entries will earn points towards the House Cup.

Build a LEGO sweet dispenser

National Engineering Competition

This is a competition that involves independent research into a specialist field of engineering, interviewing an engineer in your chosen specialist field, identifying a real life problem and inventing a solution to that problem.

The deadline is 27 March.

If you think you might be interested in taking part, please email Mrs Caspary.

All entries receive a named certificate. Shortlisted entries are displayed at regional exhibitions and awards are presented to the best from each year group.

This competition is open to all students.

LEADERS AWARD

