



The Family Learning Project



FREE Workshops aimed at Parents & Carers

Taking place at the Skills & Learning Adult Education Centre,

45 Dorchester Rd, Weymouth DT4 7JT

Open to anyone 18 or over who lives in Dorset

(including 16-18 year old parents)

To book a place **01202743279** or email Jane.keyworth@edasuk.org

Workshop Title	Date	Time
Introduction to Autism	Thursday 6 th June 2019	9:30-12:30
Understanding Self Esteem	Thursday 6 th June 2019	13:00-16:00
Drugs & Addiction	Thursday 13 th June 2019	9:30-12:30
Assertiveness	Thursday 13 th June 2019	13:00-16:00
Understanding Anger	Thursday 20 th June 2019	9:30-12:30
Communicating with Teenagers	Thursday 20 th June 2019	13:00-16:00
Stress, Anxiety & Depression	Thursday 27 th June 2019	9:30-12:30



Education & Skills
Funding Agency