

# Lunch Menu for Sukkot Term 2018 Preparatory School

## Hot Lunches

### Week 1

Monday	Chicken Schnitzel & New Potatoes Vegetarian Schnitzel
Tuesday	Turkey Balls & Rice Vegetarian Balls
Wednesday	Baked Salmon (Teryaki Sauce on the side) & Potato Balls Vegetarian Soya Rolls
Thursday	Rec, Yr 1 & 2 Jacket Potatoes, Beans & Tuna Yr 3, 4, 5, & 6 Roast Beef & Rice Vegetarian Sausage Rolls
Friday	Vegetarian Burgers & Pasta

### Week 2

Monday	Fish & Chips Vegetarian Nuggets
Tuesday	Chicken Strips, Pitta Bread & Mixed Veg Vegetarian Falafel
Wednesday	Chicken Hot Dogs & Mashed Potatoes Vegetarian Hot Dogs
Thursday	Spaghetti Bolognaise Vegetarian Bolognaise
Friday	Vegetarian Schnitzel & Potato Wedges

# Lunch Menu for Sukkot Term 2018 Preparatory School

## Hot Lunches

### Week 3

Monday	Beef Burgers & Pasta Vegetarian Burgers
Tuesday	Chicken Schnitzel & New Potatoes Vegetarian Schnitzel
Wednesday	Rec, Yr 1 & 2 Pasta with Meat Sauce Yr 3,4,5 & 6 Meat Lasagne Vegetarian Lasagne
Thursday	Fish Fingers & Mashed Potatoes Vegetarian Nuggets
Friday	Vegetarian Burgers & Pasta

### Week 4

Monday	Spaghetti Bolognaise Vegetarian Bolognaise
Tuesday	Roast Chicken with a choice of three sauces & Roast Potatoes Vegetarian Balls
Wednesday	Roast Turkey Leg & Rice Vegetarian Soya Rolls
Thursday	Fish Gadjons & New Potatoes Vegetarian Nuggets
Friday	Vegetarian Schnitzel & Potato Wedges

## Jacket Potato with filling available daily

(On Wednesday Week 1, Monday Week 2, Thursday Week 3 and Thursday Week 4 the main only meal is parev i.e not meat or milk)

## Special Diets

Contact Mr Berlin's staff regarding special meals

## Yr 3-6 Bagel Lunch Available on Friday

1 will be served

Tuna	(RT)
Egg	(RE)
Salami (Worsht)	(RW)
Vegetarian Sausage	(RV)
Plain with no Margarine	(RP)
Plain with Margarine	(RM)
Smoked Salmon Sandwich	(RS)

Academic Excellence   
Expert Pastoral Care  
Inspiring Jewish Education

