

Lunch Menu for Sukkot Term 2017 Preparatory School

Hot Lunches

Week 1

Monday	Chicken Schnitzel & New Potatoes Vegetarian Schnitzel	(CHIC) (VEGE)
Tuesday	Turkey Balls & Rice Vegetarian Balls	(TURK) (VEGE)
Wednesday	Baked Salmon (Teryaki Sauce on the side) & Potato Balls Vegetarian Soya Rolls	(SALM) (VEGE)
Thursday	Yr 3, 4, 5, & 6 Roast Beef & Rice, Rec, Yr 1 & 2 Jacket Potatoes, Beans & Tuna Vegetarian Sausage Rolls	(BEEF) (VEGE)
Friday	Bagel lunch in their classroom	

Week 2

Monday	Fish Goujons & Chips Vegetarian Nuggets	(FISH) (VEGE)
Tuesday	Chicken Strips, Pitta Bread & Mixed Veg Vegetarian Falafel	(CHIC) (VEGE)
Wednesday	Chicken Hot Dogs & Mashed Potatoes Vegetarian Hot Dogs	(CHIC) (VEGE)
Thursday	Spaghetti Bolognaise Vegetarian Bolognaise	(SPAG) (VEGE)
Friday	Bagel lunch in their classroom	

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Hot Lunches

Week 3

Monday	Beef Burgers & Pasta Vegetarian Burgers	(BURG) (VEGE)
Tuesday	Chicken Schnitzel & New Potatoes Vegetarian Schnitzel	(CHIC) (VEGE)
Wednesday	Meat Balls & Rice Vegetarian Balls	(MEAT) (VEGE)
Thursday	Fish Fingers & Mashed Potatoes Vegetarian Nuggets	(FISH) (VEGE)
Friday	Bagel lunch in their classroom	

Week 4

Monday	Spaghetti Bolognaise Vegetarian Bolognaise	(SPAG) (VEGE)
Tuesday	Roast Chicken with a choice of three sauces & Roast Potatoes Vegetarian Balls	(CHIC) (VEGE)
Wednesday	Roast Turkey Leg & Rice Vegetarian Soya Rolls	(TURK) (VEGE)
Thursday	Fish & New Potatoes Vegetarian Nuggets	(FISH) (VEGE)
Friday	Bagel lunch in their classroom	

Jacket Potato or Pasta with tuna and baked beans available daily

(on Wednesday Week 1, Monday Week 2, Thursday Week 3 and Thursday Week 4 the main only meal is parev i.e not meat or milk)

Special Diets

Contact Mr Berlin's staff regarding special meals

Bagel Lunch for Friday

1 will be served

Tuna	(RT)
Egg	(RE)
Salami (Worsht)	(RW)
Vegetarian Sausage	(RV)
Plain with no Margarine	(RP)
Plain with Margarine	(RM)
Smoked Salmon Sandwich	(RS)