



January 2019

Dear Parents / Carers,

As part of the Relationships and Sex Education programme in school, our Year 9 pupils will be taking part in a PSHEE drop down day on Tuesday 29 January. Their timetable will be collapsed for the day and they will be taking part in a number of workshops on contraception, sexual health, keeping safe in an online world, healthy relationships, abuse in relationships and the negative impact of pornography.

The sessions will be led by teaching staff and the contraception workshop will be led by a qualified nurse and supported by the School Health Support Workers. Pupils will be taught in their tutor groups throughout the day.

The aim of the day is to equip pupils with the skills and understanding to make informed and safe choices about their relationships and behaviour. Pupils will learn about methods of contraception, consent, sexual health issues, staying safe online, grooming, sexting, what makes a healthy relationship, how to spot the signs of abusive relationships and where to seek help, how pornography negatively impacts the mind and the profound effect it can have on relationships.

If you wish to discuss any aspect of the day in more detail, please do not hesitate to contact me. In line with School policy, parents can choose to withdraw their children from all or part of sex and relationships education that does not form part of the statutory National Curriculum delivered in Science. If you wish to withdraw your child from parts of the day that involve sex and relationships education, I would request that you inform me in writing no later than Tuesday 22 January. Pupils withdrawn from any part of the day will be given alternative PSHEE study to do during the sessions.

Yours sincerely,

Mrs S Howard  
Head of PSHEE

Headmistress: **Mrs J Anderson BA PGCE Med**

Headmaster: **Mr D Cassidy BSc**

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