

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>  w/c 2 Sept 23 Sept 14 Oct 11 Nov 2 Dec	Main	● Pasta Bolognese	Pork Meatballs In a Tomato Sauce	● Roast Chicken With Mixed Herbs	● Beef Lasagne	● Fish Fingers
	Vegetarian	Tomato Omelette	Broccoli & Cauliflower Pasta Cheese Bake	Jumbo Vegetable Samosas	Vegetable Lasagne	Roasted Vegetable Wrap
	Carbs & Veg	Mashed Potatoes, Peas, Sweetcorn	Savoury Rice Salad Bar	Roast Potatoes Cabbage, Sliced Carrots	New Potatoes Mixed Salad	Mashed Potatoes Peas, <b>Beans</b>
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Coleslaw or Beans	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayo or Cheese	<b>Jacket Potato</b> with Cheese or Beans
	Dessert	Blueberry Muffin With Custard	<b>Apple Sponge</b> With Custard	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Ice Cream Pot	Pancakes with Fruit Compote
<b>Week 2</b>  w/c 9 Sept 30 Sept 28 Oct 18 Nov 9 Dec	Main	● Chicken in a Sweet Red Pepper and Onion Sauce	Sausage Roll	Roast Beef Dinner	Beef & Vegetable Casserole	● Breaded Baked Fish Fillet
	Vegetarian	Roasted vegetable Curry	Vegetarian Sausage Roll	Vegetarian Sausages in a Yorkshire Pudding with Gravy	Mac & Cheese	Cheese & Tomato Flan
	Carbs & Veg	Braised Rice, Peas	Herb Diced Potatoes <b>Beans</b> , Sweetcorn	Roast Potatoes Baton Carrots, Broccoli	New Potatoes Cauliflower, Whole Green Beans	Mashed Potatoes Mixed Country Vegetables, Peas
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayo or Cheese	Pasta with Tomato Sauce or Cheese	Jacket Potato with <b>Coleslaw</b> or Beans	<b>Jacket Potato</b> with Cheese or Beans
	Dessert	<b>Apple &amp; Peach Crumble</b> With Custard	Raspberry Muffin With Custard	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Squeezable Fruit Jelly	Pancakes With Fruit Compote
<b>Week 3</b>  w/c 16 Sept 7 Oct 4 Nov 25 Nov 16 Dec	Main	Chicken Burger In a Bun	Beef Cottage Pie	Roast BBQ Chicken	Braised Chicken Sausages in Onion Gravy	Cod Bites
	Vegetarian	Cheese & Potato Pie	Vegetable Burger	Plain Omelette	Roasted Vegetable Crumble	Vegetable Pasta In a Tomato Sauce
	Carbs & Veg	New Potatoes Sliced Carrots, <b>Baked Beans</b>	Mashed Potatoes Peas, Mixed Country Vegetables	Roast Potatoes Baton Carrots, Savoury Cabbage	Mashed Potatoes Sweetcorn, Whole Green Beans	Potatoes Peas, <b>Beans</b>
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Coleslaw or Beans	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayo or Cheese	<b>Jacket Potato</b> with Cheese or <b>Beans</b>
	Dessert	Fruit Platter	<b>Apple Crumble</b> with Custard	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Ice Cream Pot	● Blueberry Muffin With Custard