

wk1 MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Cajun Chicken served in pitta with diced potatoes salad & minted yoghurt

Taco Tuesday
Filled tacos with chicken fajita served with Wedges & salad

Roast of the week served with roast potatoes & seasonal vegetables

Chilli con carne served with rice & nachos

Oven baked battered Fish chunky chips garden peas or baked beans

Meat Free

Cajun roasted vegetable served in pitta with diced potatoes salad & minted yoghurt

Taco Tuesday
Filled taco with fajita quorn pieces served with wedges & salad

Vegetarian sausages served with roast potatoes & gravy

Quorn con Carne served with rice & Nachos

Tugo cheese tomato pizza slice with chips garden peas or baked beans

Re-Energize

Jacket Potatoes and Pasta with Homemade Sauces and Toppings and selection of daily special hot Panini's

Raw Bar

Great Salads and Proteins Served Daily

Pudding

Apple crumble with custard

Jam Sponge with custard

Chocolate sponge with custard

Pineapple upside down cake with custard

Sweet treat of the day

Desserts

A selection of fresh fruit pots - fruit jellies homemade muffins and cake selection

Lunch





wk2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Lemon & herb chicken flatbread served with parmentier potatoes & salad

Taco Tuesday
Filled tacos with pulled pork & wedges & salad

Roast of the week served with roast potatoes & seasonal vegetables

Spaghetti bolognese with Garlic bread

Baked fish with chips garden peas or baked beans

Meat Free

Roasted vegetable & mozzarella flatbread served with parmentier potatoes & salad

Taco Tuesday
Filled tacos with quorn pieces served with wedges & salad

Roasted Vegetable & Mozzarella turnover

Spaghetti in a rich tomato Passata served with garlic slice & cheese

Tugo cheese & pizza with chunky chips garden peas or baked beans

Re-Energize

Jacket Potatoes and Pasta with Homemade Sauces and Toppings and selection of daily special hot Panini's

Raw Bar

Great Salads and Proteins Served Daily

Pudding

Peach crumble with custard

Lemon sponge with custard

Chocolate sponge with chocolate sauce

Chocolate & orange sponge with custard

Sweet treat of the day

Desserts

A selection of fresh fruit pots / fruit jellies and daily specials

Lunch



wk3 MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Sizzling chicken fajita & sour cream served with diced potatoes & salad

Taco Tuesday
Filled taco with chilli beef served with Wedges & salad

Roast of the day served with roast potatoes & seasonal vegetables

Carbonara served with spaghetti & garlic slice

Oven baked battered fish with chunky chips garden peas or baked beans

Meat Free

Sizzling vegetable fajita & sour cream served with diced potatoes & salad

Taco Tuesday
Filled taco with chilli quorn pieces served with wedges & salad

Quorn sausage served with roast potatoes & seasonal vegetables

Macaroni Cheese served with garlic slice

Tugo cheese & tomato pizza slice with chips garden peas or baked beans

Re-Energize

Jacket Potatoes and Pasta with Homemade Sauces and Toppings and selection of daily special hot Panini's

Raw Bar

Great Salads and Proteins Served Daily

Pudding

Oaty apple crumble with custard

Syrup sponge with warm Custard

Chocolate sponge with custard

Chocolate marble sponge with custard

Sweet treat of the day

Desserts

A selection of fresh fruit pots / fruit jellies and daily specials

Lunch

