

Truth

Stick and stones may break my bones,
but words can also hurt me.

Stones and sticks break only skin,
while words are ghosts that haunt me.

Slant and curved the word-swords fall
to pierce and stick inside me.

Bats and bricks may ache through
bones,
but words can mortify me.

Pain from words has left a scar
On mind and heart that's tender.
Cuts and bruises now have healed;
It's words that I remember

Barrie Wade

Useful Contacts

Please talk to the Pastoral Team if you need any support or help or use the Sharp Reporting System which you will find on the school website.



Warrington Duty and Assessment Team: 01925 443400 (Working Hours)
01925 444400 (Out of Hours)

Cheshire Constabulary : 101

Childline 0800 1111

Samaritans 08457 909090

NSPCC 0808 800 5000

Anti-Bullying Campaign 020 7378 1446



**St. Gregory's
Catholic High School**



Don't Pick on Me

Anti - Bullying Resources

*'No matter what happens in life,
be good to people. Being good to
people is a wonderful legacy to
leave behind.'*

Taylor Swift



Non-Fiction Suggestions

- 301.6 Sanders, B Talking about bullying
- 302.3 Macfarlane, A Bullying: the truth
- 306 Morgan, N The Teenage Guide to stress
- 371.5 Alexander, J Bullies, bigmouths, and so-called friends
- 371.5 Hile, L Bullying
- 371.5 Elliott, M Bullying
- 371.5 Head, H Under Pressure—how to handle cyber-bullies
- 371.5 Medina, S Bullying– how does it happen?
- 371.5 Stones, R Don't pick on me; how to handle bullying
- 371.5 Varnava, G How to stop bullying in your school

Fiction Suggestions

- Almond, D Savage
- Bennett, V Monkey
- Blackman, M Tell me no Lies
- Blume, J Blubber
- Boyce, F.C. The Astounding Broccoli Boy
- Brennan, J.H. Blood Brother
- Bugler, S Staring up at the Sun
- Cann, K Crow Girl
- Carrington, J Inside my Head
- Cassidy, C Driftwood
- Coppard, Y Bully
- Cross, G Pictures in the Dark
- Conaghan, B The Boy who made it Rain
- Earle, P The Bubble Wrap Boy
- Forde, C Fat Boy Swim
- Gardner, G Inventing Elliot
- Golding, W Lord of the Flies
- Gibbons, A Chicken
- Gibbons, A Ganging up

Fiction Suggestions

- Gibbons, A Shadow of the Minotaur
- Hiaassen, C Hoot
- Kay, J Strawgirl
- King-Smith, D Lady Daisy
- Kinsella, S Finding Audrey
- Lloyd, C Specky Four-eyes
- McGowan, A The Knife that Killed me
- Magorian, M Back Home
- Ness, P A Monster Calls
- Noble, J Talli's Secret
- Palacio, R.J. Wonder
- Palmer, T Boys United
- Pitcher, A My Sister lives on the Mantlepiece
- Rai, B Jugglin'
- Swindells, R Dosh
- Walliams, D The Boy in the Dress
- Wilson, J Buried Alive!
- Wilson, J Secrets

