

SEPTEMBER 2019

WEEK 1

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| LASAGNE WITH CRISPY GREEN SALAD OR VEG AND GARLIC BREAD | FAJITAS | BEEF/TURKEY WITH MASH POTATO, ROAST POTATOES, VEGETABLES GRAVY | COTTAGE PIE WITH VEG AND GRAVY | CHIPS |
| QUORN LASAGNE WITH CRISPY GREEN SALAD OR VEG AND GARLIC BREAD | PASTABAKEWITH SIDE SALAD | CARBONARA WITH SIDE SALAD AND CRUSTY BREAD | QUORN CURRY WITH RICE | QUORN CURRY WITH RICE |
| ASSORTED CURRY WITH RICE | ASSORTED CURRY WITH RICE | | ASSORTED CURRY WITH RICE | |
| VARIETY OF WRAPS AND HOT BAGUETTES WITH SALAD | VARIETY OF WRAPS AND HOT BAGUETTES WITH SALAD | VARIETY OF WRAPS AND HOT BAGUETTES WITH SALAD | VARIETY OF WRAPS AND HOT BAGUETTES WITH SALAD | SALMON SALAD WRAPS CHEESE PIZZA, |
| VARIETY OF MARINATED CHICKEN BREAST WITH SALAD ON A BUN | VARIETY OF MARINATED CHICKEN BREAST WITH SALAD ON A BUN | VARIETY OF MARINATED CHICKEN BREAST WITH SALAD ON A BUN | VARIETY OF MARINATED CHICKEN BREAST WITH SALAD ON A BUN | |
| JACKET POTATOES WITH FILLINGS / VARIETY OF PIZZA / OR HOT PASTA WITH SELECTION OF DAILY SAUCES | JACKET POTATOES WITH FILLINGS / VARIETY OF PIZZA / OR HOT PASTA WITH SELECTION OF DAILY SAUCES | JACKET POTATOES WITH FILLINGS / VARIETY OF PIZZA / OR HOT PASTA WITH SELECTION OF DAILY SAUCES | JACKET POTATOES WITH FILLINGS / VARIETY OF PIZZA / OR HOT PASTA WITH SELECTION OF DAILY SAUCES | JACKET POTATOES WITH FILLINGS / CHEESE PIZZA / OR HOT PASTA WITH SELECTION OF DAILY SAUCES |
| VARIETY SANDWICHES, BAGUETTES COLD PASTA POTS COLD WRAPS SALAD POTS | VARIETY SANDWICHES, BAGUETTES COLD PASTA POTS COLD WRAPS | VARIETY SANDWICHES, BAGUETTES COLD PASTA POTS COLD WRAPS | VARIETY SANDWICHES, BAGUETTES COLD PASTA POTS COLD WRAPS | VARIETY SANDWICHES, BAGUETTES COLD PASTA POTS |
| SELECTION BISCUITS CAKES FRESH FRUIT, YOGHURTS AND DRINKS | SELECTION BISCUITS CAKES FRESH FRUIT, YOGHURTS AND DRINKS | SELECTION BISCUITS CAKES FRESH FRUIT, YOGHURTS AND DRINKS | SELECTION BISCUITS CAKES FRESH FRUIT, YOGHURTS AND DRINKS | SELECTION BISCUITS CAKES FRESH FRUIT, YOGHURTS AND DRINKS |

* ANY SPECIAL DIETARY NEEDS PLEASE ASK FOR INFORMATION.